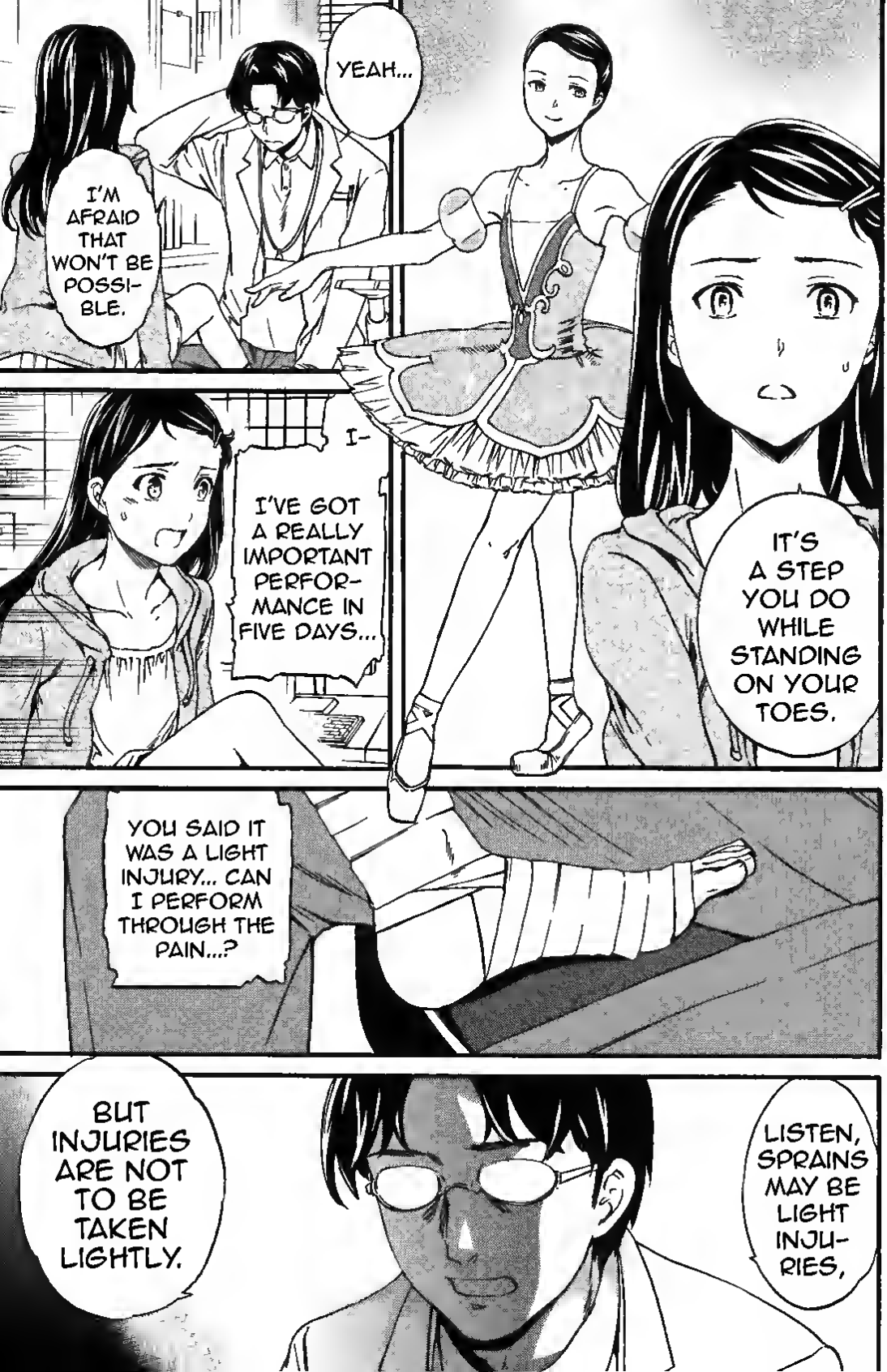
Scène.022 Exertion

IT'S AN ANTERIOR TIBIAL LIGAMENT INJURY,
COM-MONLY CALLED AN ANKLE SPRAIN.
IT'S AN INJURY, BUT IT'S VERY LIGHT, REALLY.
NO BROKEN BONES, AND YOU'RE YOUNG, YOU WILL GET BACK ON YOUR FEET QUICKLY.
WELL, WE'RE STILL LOOKING AT ABOUT A WEEK IN A CAST.
EH?
A CAST?
TO HEAL, YES.
BUT THEN I WON'T BE ABLE TO DO PAS DE BOUR-RÉS...
PADE... WHAT?


YEAH...
I'M AFRAID THAT WON'T BE POSSI-BLE.
IT'S A STEP YOU DO WHILE STANDING ON YOUR TOES.
I-
I'VE GOT A REALLY IMPORTANT PERFOR-MANCE IN FIVE DAYS...
YOU SAID IT WAS A LIGHT INJURY... CAN I PERFORM THROUGH THE PAIN...?
LISTEN, SPRAINS MAY BE LIGHT INJU-RIES,
BUT INJURIES ARE NOT TO BE TAKEN LIGHTLY.

Pant
Pant
Pant
I'M SORRY, HELLO,
I'M KANADE ARIYA'S MOTHER...
IF YOU EXERT YOURSELF IN THIS CONDITION,
YOU MAY END UP HAVING TO GIVE UP ON DANCING.

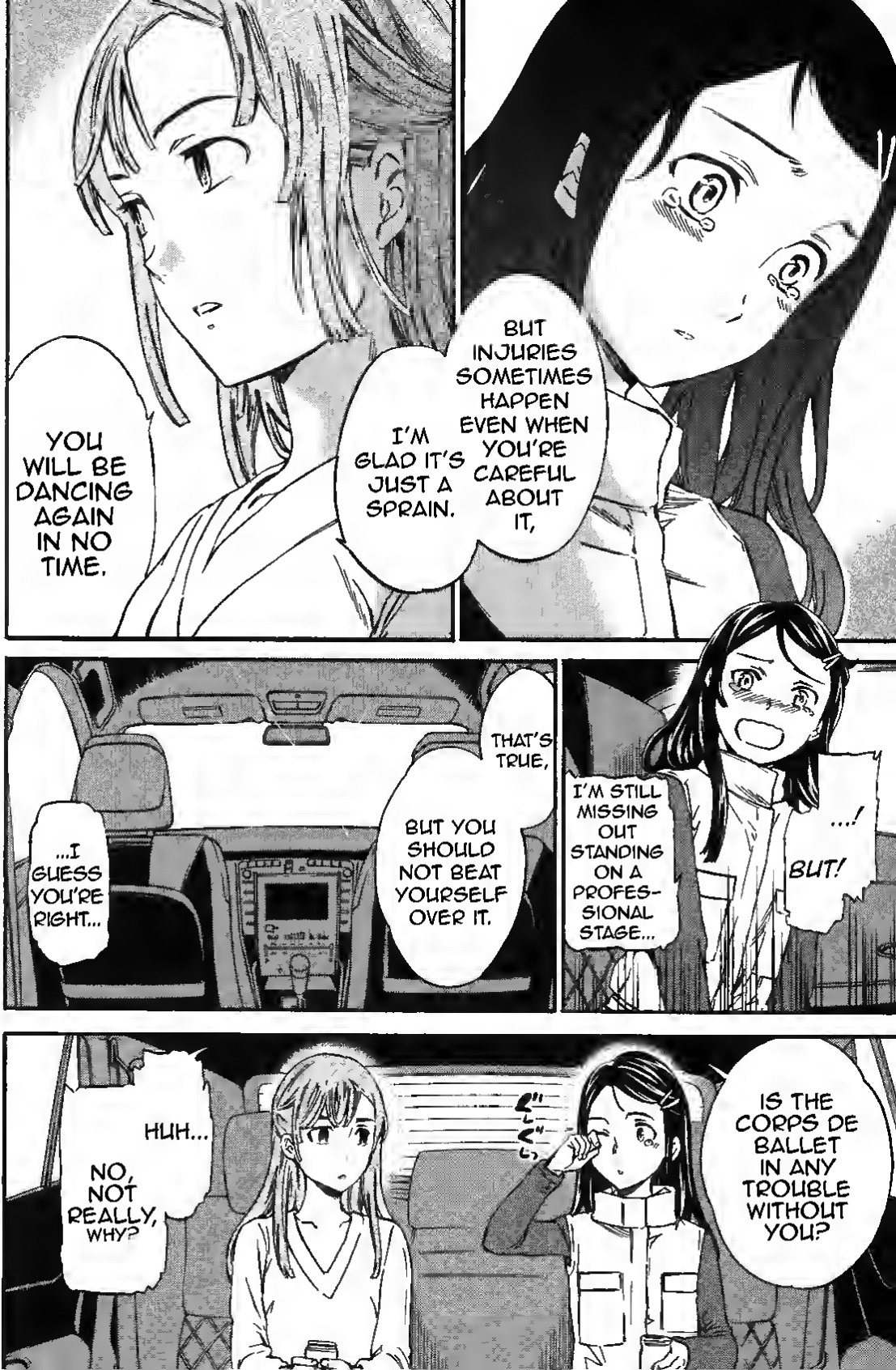
I'M SORRY, MOM,
FOR BOTHERING YOU WHILE YOU'RE WORKING,
AND-
AND FOR GETTING ME THROUGH THE AUDI-TIONS...
AND THE EXTRA LES-SONS,
AND FOR ALL THE LATE LIFTS...
AND THE COSTUME,
ALL-
ALL FOR NOTH-ING!
I'M REALLY SORRY!!
IT WASN'T FOR NOTHING, KANA...
I'M SORRY!

Sakura
Do you have any ticket left for your upcoming performance in The Sleeping Beauty? I'd like two tickets for my mother and myself if possible. I'll pay for them.
21.05
SAKU-RA...

WHAT?!
21:08
Do you have hany ticket left for your upcoming performance in The Sleeping Beauty? I'd like two tickets for my mother and myself if possible. I'll pay for them.
09:05 PM
Okay, though I'm not dancing anymore.
09
キーンコーンカーンコーン
YEAH...
ヒョコ
DOES YOUR FOOT HURT, KANA-CHAN?
NOT AT ALL!
IT'S CAST SO I'M FINE, REALLY.
IT WOULD BE NICE IF IT HEALED FAST, HUH.

AH, OOPS... FORGOT ABOUT THAT...
SHOULD WE RUN?
NO, I WONDER...
HUH... IS THAT A CAR YOU KNOW?
ウィ～ン
CALL FOR HELP, MAYB—
HM.
HE'S A FREELANCER, SO IT'S FINE.
THAT'S NICE OF HIM.
ANYWAY, DID YOUR FATHER LEAVE WORK EARLY JUST FOR THAT?
YOUR CAR LOOKED SUSPICIOUS, SO WE THOUGHT...
I DIDN'T EXPECT YOU AT ALL,

YOU'RE REALLY GREAT... SAKURA.
CONGRATULATIONS ON TAKING THE FIRST PLACE AT YAGP'S PRELIMINARIES HERE,
AND YOU'RE EVEN GOING TO STUDY ABROAD!
WHICH REMINDS ME, IT'S BEEN A WHILE, SAKURA!
GETTING AHEAD LIKE THAT...
あはは
WHILE I'M HERE, FILLING A VACANCY IN A CORPS THE BALLET,
AND STILL MANAGING TO STUPIDLY MISS THE PERFORMANCE BY INJURING MYSELF.
..."STUPIDLY," AT LEAST YOU'RE CONCIOUS ABOUT IT.
UGH...


YOU WILL BE DANCING AGAIN IN NO TIME.
I'M GLAD IT'S JUST A SPRAIN.
BUT INJURIES SOMETIMES HAPPEN EVEN WHEN YOU'RE CAREFUL ABOUT IT,
...I GUESS YOU'RE RIGHT...
THAT'S TRUE,
BUT YOU SHOULD NOT BEAT YOURSELF OVER IT.
I'M STILL MISSING OUT STANDING ON A PROFES-SIONAL STAGE...
...!
BUT!
HUH...
NO, NOT REALLY, WHY?
IS THE CORPS DE BALLET IN ANY TROUBLE WITHOUT YOU?

...EMA?
AH, YEAH, AN AMAZING GIRL OUR AGE,
SHE RE-MEMBERS EVERYTHING AFTER WATCHING IT ONLY ONCE.
WILL OFFER A GREAT PERFOR-MANCE, I'M SURE.
BOTH SHOUKO-CHAN AND EMA-CHAN
ARE YOU TALKING ABOUT EMA FUJITA?!
...SHE WENT TO OUR STUDIO UNTIL ABOUT TWO YEARS AGO.
...TO THINK THAT YOU'D COME ACROSS HER...
YOU KNOW HER?
EH?
HUH,
YEAH.

MY MOTHER PLAYED FAVOUR-ITES WITH HER.
THAT'S PARTLY WHY
WOW, WHAT A COINCI-DENCE, DID SHE HAVE THAT ABILITY TO MEMORIZE BACK THEN, TOO?
BACK THEN?
YEAH, AND, UMM...
TO MAKE A COMPAR-ISON,
SHE WAS ABOUT AS GOOD AS ME, AT THE TIME.

FOR OUR NEXT JOINT PERFORMANCE, CLARA WILL BE PLAYED BY FUJITA-SAN.
YOU'LL BE DANCING DURING THE FIRST ACT AS WELL, SAKURA.
...BUT I RANKED HIGHER THAN HER AT THE LAST COMPE-TITION...
CLARA OFTEN APPEARS ON STAGE,
AND THERE ARE MANY CHOREO-GRAPHIES AND SEQUENCES TO LEARN AND MEMORIZE,
THAT'S WHY MY MOTHER RECOM-MENDED HER OVER ME.
WHY ARE YOU HERE?
YOU DON'T USUALLY LIKE TO PRAC-TICE.

...HECK, DID YOU JUST THINK LESS OF YOUR-SELF?
HAS IT GOTTEN TO YOU YET?
...IT WOULD PROBABLY HAVE BEEN BEST IF YOU HAD BEEN CHOSEN TO DO CLARA.
I HATE THAT ALL THE OTHERS ARE TALKING BEHIND MY BACK.
NO, THAT'S NOT WHAT THIS IS ABOUT, BUT...
LIKE YOU HAVE TO TELL ME...

HIGHER!
YOU HAVE TO JUMP HIGHER!
YOU HAVE TO TAKE THE DOLL FROM FRITZ!
LIGHT-LY!
YOUR EXPRES-SION IS STIFF, FUJITA-SAN!
SO HOLD YOUR WORKING LEG
AS HIGH AS POS-SIBLE!
THIS ARABES-QUE IS THE HIGHLIGHT OF THIS SEQUENCE!

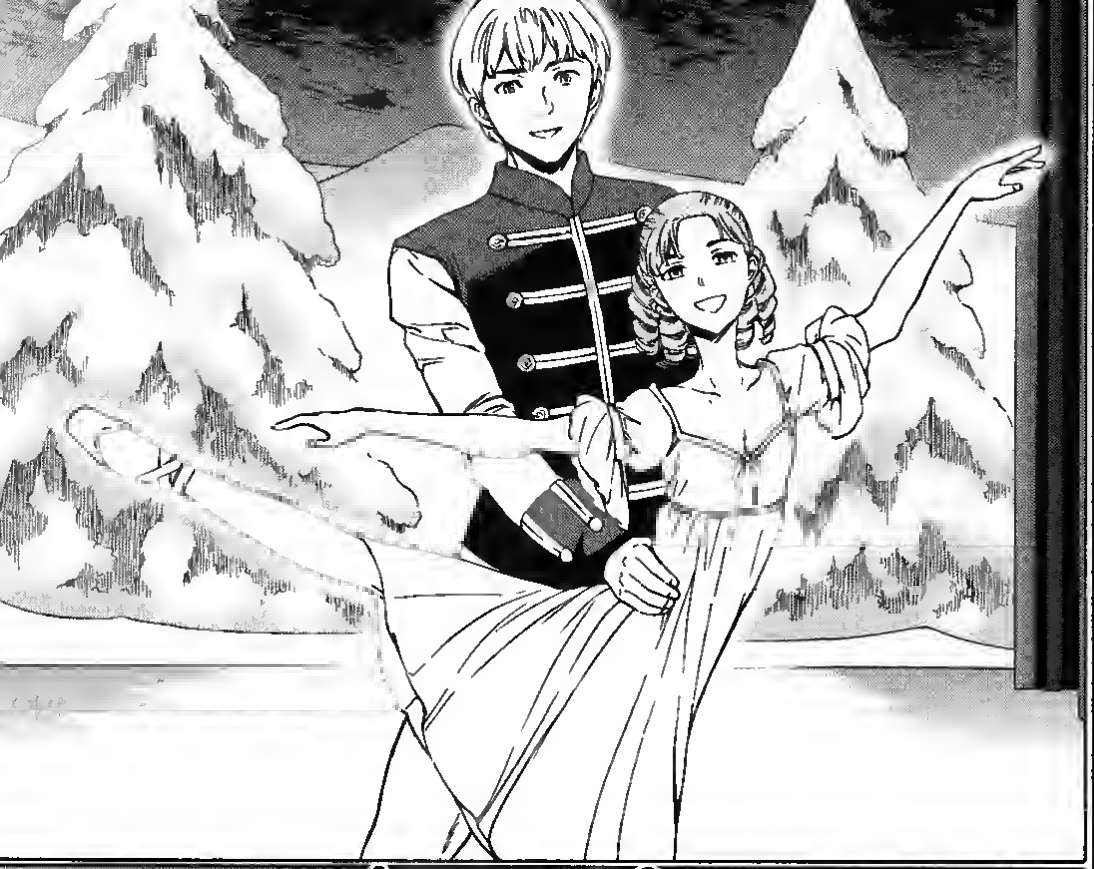
グッ
グッ

FOR A LONG TIME,
EMA EXERTED HERSELF FRANTI-CALLY, UNTIL ONE DAY...

ARE YOU AL-RIGHT?!
DID YOU HURT YOUR-SELF?
THAT FELT LIKE A HARD FALL.
I'M... AL-RIGHT...
EMA-CHAN!
THAT'S NOT ALRIGHT AT ALL!

I FEEL BAD FOR HER.
AND NOW SHE'S LOST HER ROLE...
IT'S SURPRISING SHE WAS ABLE TO ENDURE THE PAIN.
SHE MUST'VE BEEN HURTING WAY BEFORE SHE FELL.
THEY SAY IT'S A FRACTURE OF HER SHIN,
DUE TO STRESS.
SAKURA,
I'VE TALKED WITH THE OTHERS, AND WE'VE DECIDED ON YOU TO FILL IN FOR CLARA.
WHAT DO YOU THINK?
I KNOW THERE ISN'T MUCH TIME LEFT,
AND THAT IT MAY TAKE A LOT OF EFFORT TO LEARN THE CHOREOGRAPHY, BUT...
I'LL DO IT!

I'D ALREADY LEARNED THE WHOLE CHOREO-GRAPHY
FROM WATCHING HER PRACTICE ALL THAT TIME.
AND SHE DIDN'T SHOW UP AT THE STUDIO AT ALL AFTER THAT...
UNTIL THE DAY OF THE PERFOR-MANCE...



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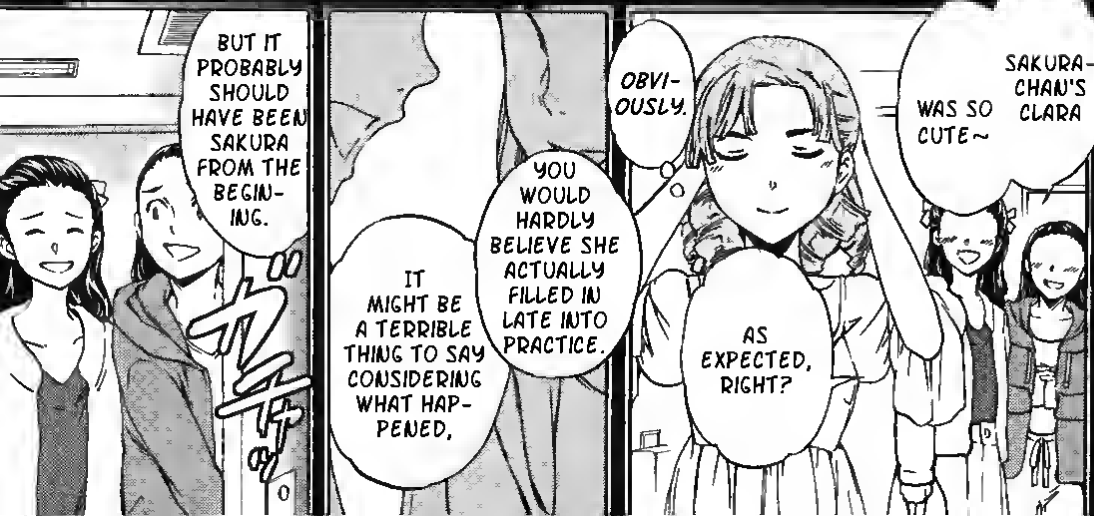
パチパチ


SAKURA-CHAN'S CLARA WAS SO CUTE~
OBVIOUSLY.
AS EXPECTED, RIGHT?
YOU WOULD HARDLY BELIEVE SHE ACTUALLY FILLED IN LATE INTO PRACTICE.
IT MIGHT BE A TERRIBLE THING TO SAY CONSIDERING WHAT HAPPENED,
BUT IT PROBABLY SHOULD HAVE BEEN SAKURA FROM THE BEGINNING.

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EMA-
CHAN...
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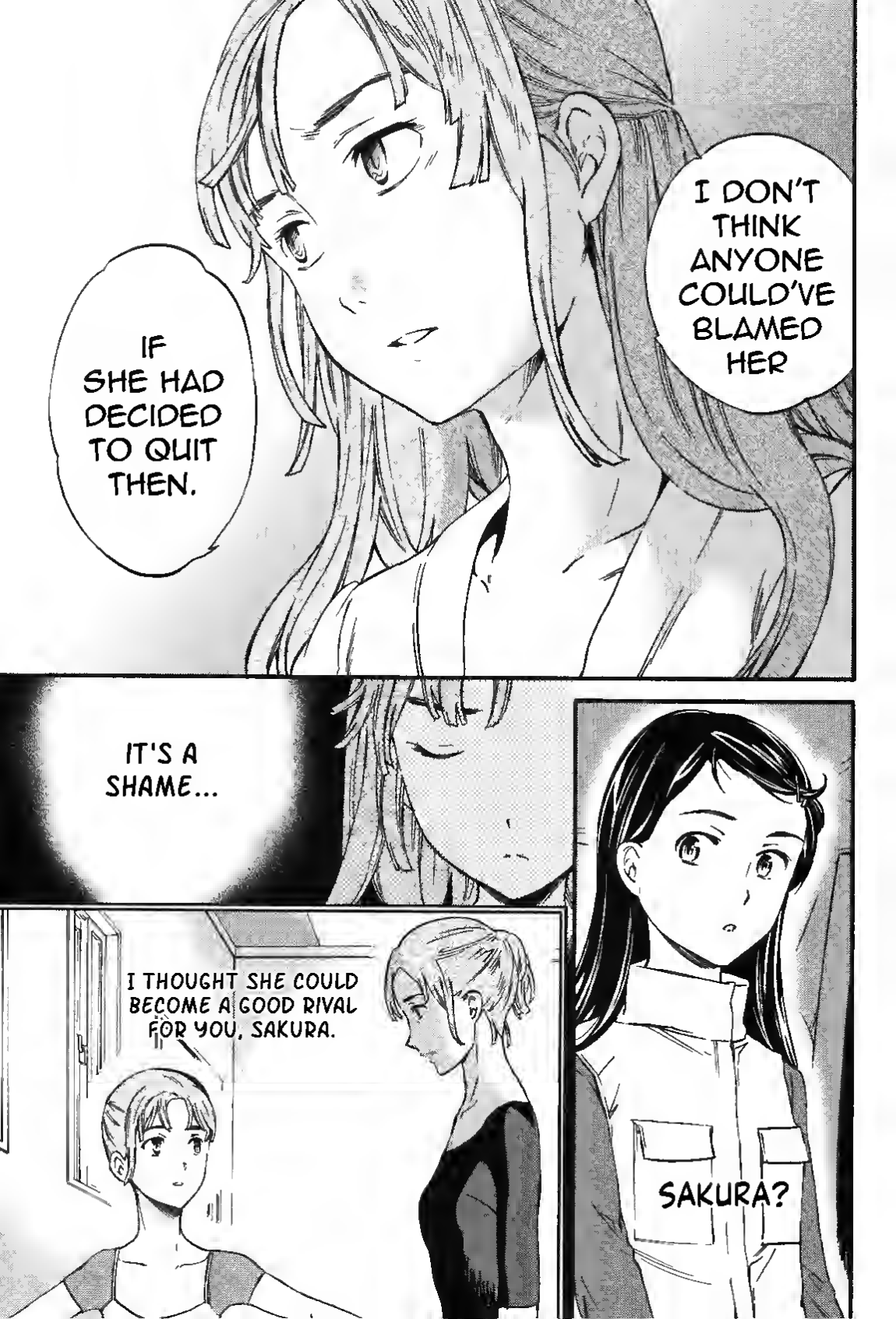
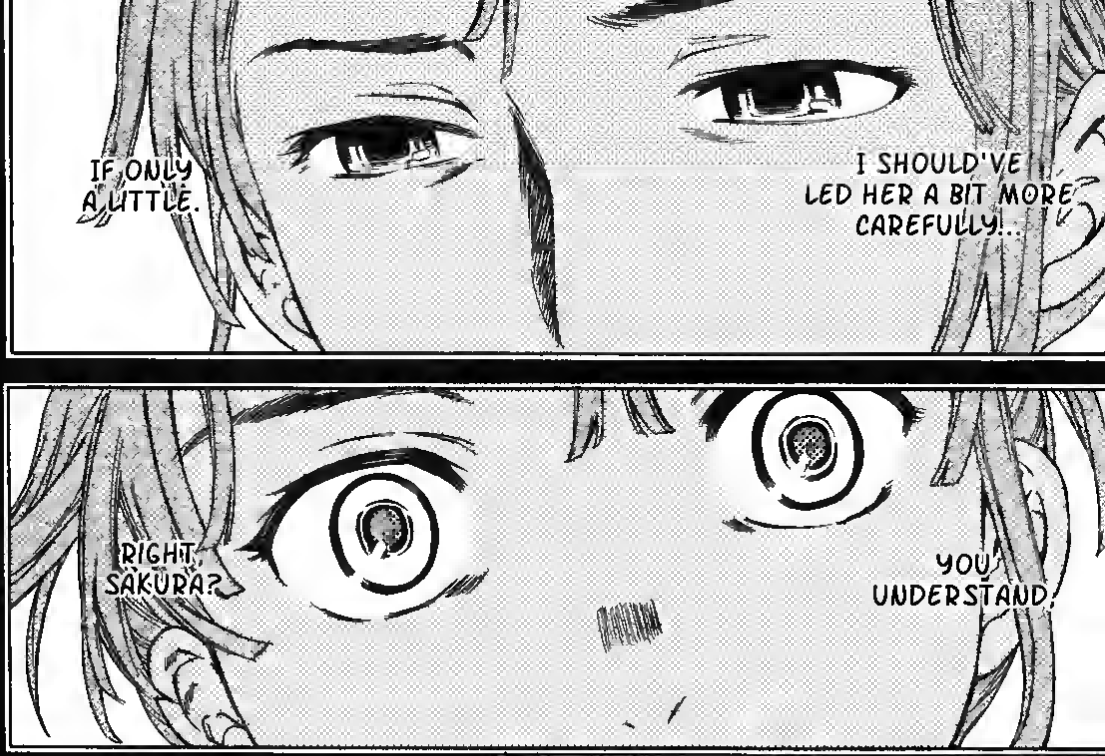
SOB—
SNIFFLE
SNIFFLE
ヒュ
!

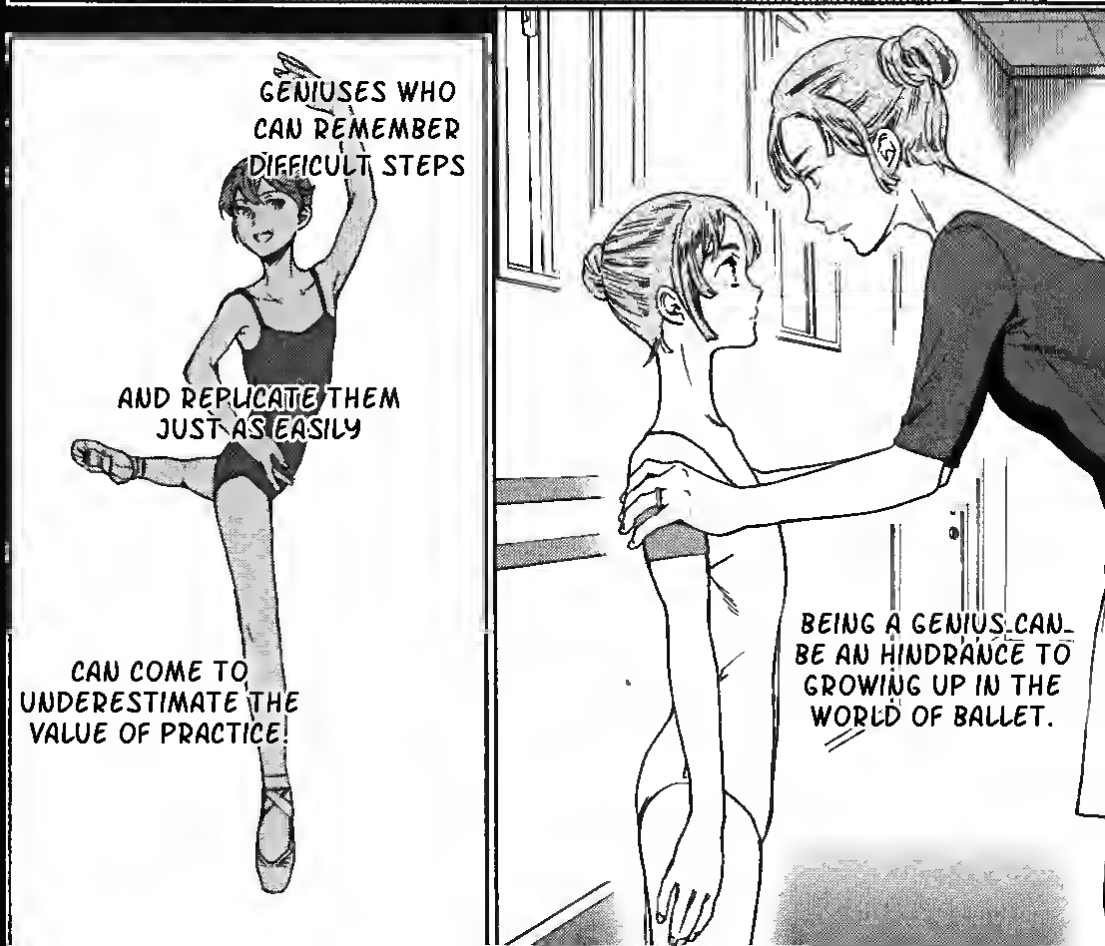
IT WAS BELIEVED IT WOULD BE HARD TO RECOVER FROM HER INJURY.
BUT SHE WOUND UP STEPPING BACK INTO THE STUDIO THREE MONTHS LATER,
ONLY...
ARE YOU TELLING ME YOU EVEN SKIPPED ON STRECHING THESE PAST THREE MONTHS?

DURING HER THREE MONTHS OFF,
HER BODY HAD STIFFENED A LOT...
HER EN DEHORS WAS VERY POOR,
HER MOVEMENTS WERE HEAVY,
AND SHE COULD HARDLY DANCE...
AS IF SHE WERE A DIFFERENT PERSON.
AND SO, SINCE SHE COULDN'T KEEP UP WITH OUR LESSONS ANYMORE,
SHE WAS SHOWN THE DOOR.
I THOUGHT SHE WOULD QUIT BALLET AFTER THAT.
BUT IT APPEARS SHE JOINED ANOTHER STUDIO AND CONTINUED...


I DON'T THINK ANYONE COULD'VE BLAMED HER
IF SHE HAD DECIDED TO QUIT THEN.
IT'S A SHAME...
SAKURA?
I THOUGHT SHE COULD BECOME A GOOD RIVAL FOR YOU, SAKURA.


IF ONLY A LITTLE.
I SHOULD'VE LED HER A BIT MORE CAREFULLY...

RIGHT, SAKURA?
YOU UNDERSTAND!


GENIUSES WHO CAN REMEMBER DIFFICULT STEPS
AND REPLICATE THEM JUST AS EASILY
CAN COME TO UNDERESTIMATE THE VALUE OF PRACTICE!
BEING A GENIUS CAN BE AN HINDRANCE TO GROWING UP IN THE WORLD OF BALLET.

INSTEAD, MAKE YOUR BODY REMEMBER THROUGH REPETITION.
IN BALLET, THE ESSENCE OF BEAUTY...
DWELLS WITHIN CONTINUITY OF DILIGENT PRACTICE.

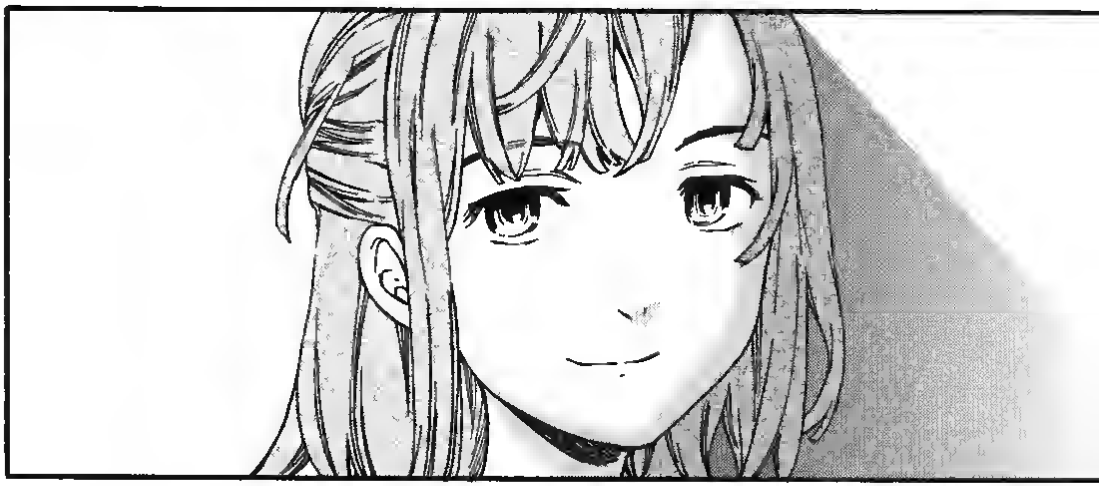
THEY ARE THE ONES STANDING ON WORLD STAGES RIGHT NOW.
BUT MOM, WHAT HAPPENS TO GENIUSES WHO ALSO EXERT THEMSELVES, THEN?

...I SEE,
THAT'S WHY EMA-CHAN WAS VERY WORRIED WHEN I FELL...
I CAN'T EVEN IMAGINE... NOT BEING ABLE TO DANCE FOR THREE MONTHS.
AND THEN NOT BEING ABLE TO DANCE LIKE YOU WERE BEFORE, AFTER ALL THAT TIME...?
THAT'S EVEN SCARIER.
IT'S ALREADY HARD RIGHT NOW, YOU KNOW...
I DON'T LIKE THE IDEA OF YOU WIDENING THE GAP BETWEEN US ANY FURTHER...
!

IT'S EMA'S OWN FAULT FOR WASTING HER TIME WHILE SHE WAS RECOVER-ING,
IT DOESN'T HAVE TO BE THAT WAY, KANA.
BUT THERE CERTAINLY ARE OTHER THINGS YOU CAN DO RIGHT NOW.
THANK YOU FOR THE RIDE,
AND HERE ARE YOUR TICKETS.

KANA,
WHAT DO YOU THINK OF EMA, RIGHT NOW?
WELL, SEE YOU ON THE DAY OF THE PERFOR-MANCE, THEN.
UMM... WHAT I THINK OF HER...
I'D SAY SHE'S PRETTY GOOD,
SHE STILL HAS HER EXCELLENT MEMORY,
LIKE, SHE EVEN REMEMBERS OTHER DANCERS' CHOREO-GRAPHIES...
AND...
OH, YEAH! SHE'S ON BAD TERMS WITH SHOUKO-CHAN!

I WAS THINKING THE SAME THING RECENTLY!
HAHA HA!
I SEE SHOUKO IS STILL HOT-BLOODED.
It doesn't match the impression she gives at all



THANK YOU, SAKU-RA.
I'M HAPPY THAT YOU CAME TO SEE ME,
THAT'S NOT TRUE,
WHAT?
I DIDN'T DO ANY-THING...

HMPH...
...
AND, YOU KNOW, ABOUT TELLING NOT TO WASTE MY TIME AGAIN!
I'M STILL NOT SURE WHAT TO DO EXACTLY, BUT I'M PUMPED NOW!
IT LOOKS LIKE YOU HAVE QUITE A GOOD, CHEERFUL FRIEND, THERE, SAKURA.
OH PLEASE, PAPA...

WALKING THERE IS GOING TO BE A PAIN, THOUGH,
SO I'LL PROBABLY HAVE TO RELY ON THEM AGAIN...
I'LL GO TO TAKIMOTO-SENSEI'S LESSON
AND ASK HER WHAT KIND OF STRETCHES I CAN DO RIGHT NOW!
IT WASN'T FOR NOTHING, KANA.
YOU'RE RIGHT, MOM,
I WONT LET THIS INJURY GET THE BEST OF ME.
KANADE-CHAN?

OOH, RISA-CHAN,
IT'S BEEN A WHILE!
WHAT HAP-PENED TO YOUR LEG?!
EH?
AAH...
THAT...
IT'S JUST A SPRAIN, IT'LL HEAL QUICKLY!
I FELL DOWN THE STAIRS...
PHEW...
YOU'VE GOT TO PAY ATTEN-TION...
EVERY-ONE'S WORRYING TOO MUCH ABOUT ME, WHICH... I GUESS IS NOT A BAD THING...

IS IT A BOOK?
THAT THING LOOKS HEAVY,
BUT YEAH... I WON'T BE ABLE TO PERFORM BECAUSE OF IT.
SOR- RY TO HEAR THAT...
...WANT TO TAKE A LOOK?
BARO- QUE? WHAT'S THAT?
A WESTERN HISTORY BOOK?

作品世界への道案内

普段の練習として行われるのが
クラスレッスン。
バレエを踊るためのすべての基本が
この中に詰まっています。
習い始めから、一流のプロまで、
すべてのバレエダンサーが必ず行うもので、
これを、おろそかにすることはありません。
各々、ストレッチを済ませたら、
まずはバーに掴まってのレッスンから始まります。
プリエと呼ばれる膝の屈伸をしたり、
脚を前(ドゥ・ヴァン)、横(ア・ラ・スゴンド)、後ろ(デリエール)に
出したり、あげたりします。
勢いよく振りあげるセットや、
ゆっくりとあげたまま、キープするセットなどをこなします。
バーを持って行うので、バランスはとりやすいのですが、
強く握りしめたり、寄りかかってはいけません。
ただの準備運動と違うのは、これを行う段階で、
そのダンサーの踊りの上手さが、一目瞭然というところにもあります。
素晴らしいダンサーのバーレッスンは、見とれてしまうほどの美しさです。

バーレッスンが終わると、次はセンターレッスン。
バーから離れ、フロアに出て踊ります。
バーレッスンで温まった身体で、
より大きな動きの練習をします。
バランスをとったり、ステップを踏んだり、
回転したり、ジャンプしたり。
舞台上でのダンサーの動きに、より近い練習です。
このクラスレッスンは、コンクールやオーディションで
審査の対象となることが多いです。
普段、欠かさずに行うことだからこそ、
ダンサーの地力を測るのには最適なのでしょう。

THE POSTSCRIPT
ザ ポストスクリプト

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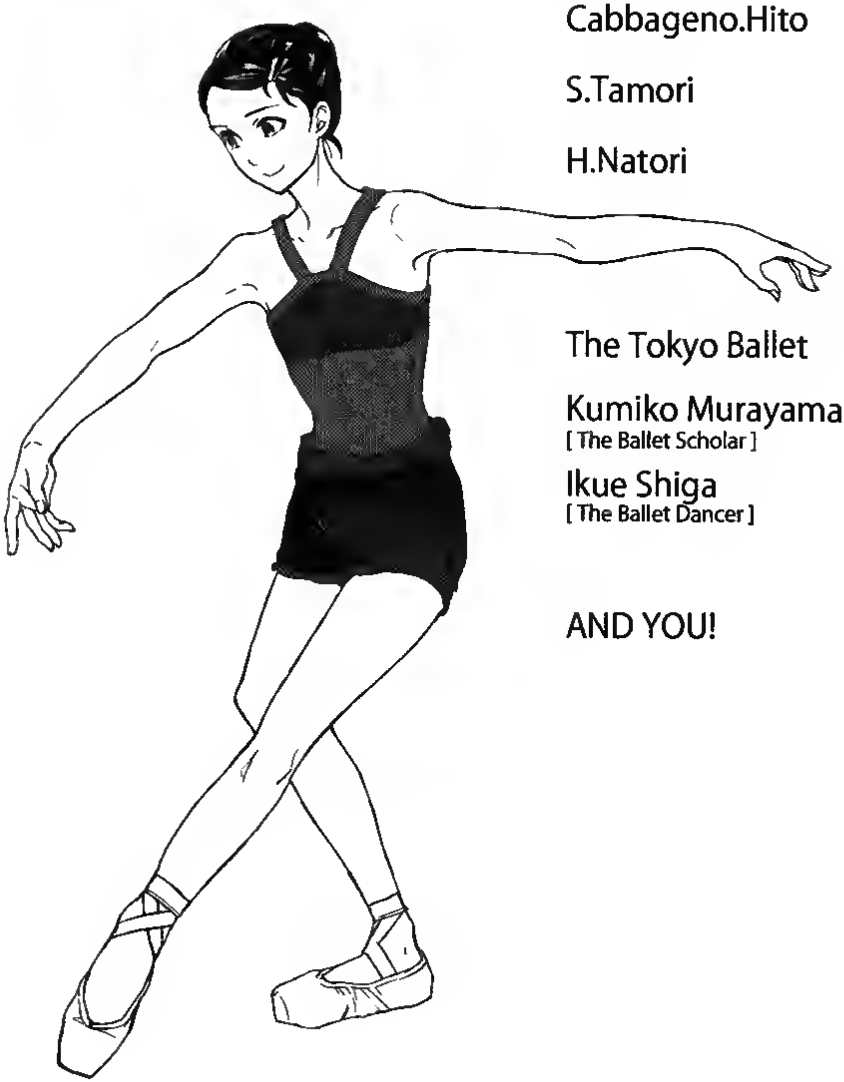

The Tokyo Ballet

Kumiko Murayama
[The Ballet Scholar]

Ikue Shiga
[The Ballet Dancer]

AND YOU!

Champion RED Comics
チャンピオンRED コミックス

絢爛（けんらん）たるグランドセーヌ④

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（禁／無断転載・放送・上映・上演・複写・公衆送信・Web上での画像掲載）

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